## The Reverse Half Cuban Eight

a turnaround maneuver

RCSD March 1998

Remember my mentioning that many maneuvers are similar? Well, here is a perfect example If you already know the Cuban 8, then this is certainly variations on the same theme.

The glider gains speed then "pulls up and executes, one eighth (1/8) of an inside loop to 45 degrees, hesitates, does a one-half (1/2) roll, hesitates, then performs a five-eighth (5/8) of an inside loop back to level flight in the opposite direction." (Printed by permission from the AMA rule book,)

As you've heard many times now, the whole secret is airspeed. Be sure to start this maneuver with enough *AIRSPEED* to carry the glider up and over the top. Once you start down, you're home free. When you start your 45 degree climb, hesitate and do the half roll to inverted. Be sure to keep your hesitations very brief, or you'll find yourself quickly running out of airspeed and won't be able to complete the Half Reverse Cuban gracefully.

